

Bukas Loob sa Diyos Covenant Community

WORD, THEMES & PROMISES FOR DECEMBER 2009

READINGS

- **November 29** Jer 33:14-16; Ps 25:4-5,8-10,14; 1Thes 3:12-4:2;
Lk 21:25-28,34-36
- **December 6** Bar 5:1-9; Ps 126:1-6; Phil 1:4-6,8-11; Lk 3: 1-6
- **December 13** Zep 3:14-18; Is 12:2-6; Phil 4:4-7; Lk 3:10-18
- **December 20** Mic 5:1-4; Ps 80:2-3,15-16,18-19; Heb 10:5-10
Lk 1:39-45
- **December 27** Sir 3:2-6,12-14; Ps 128:1-5; Col 3:12-21; Lk 12:41-52

WORD

Redemption is at hand to those who are vigilant for the coming of Jesus, the Son of Man.

ORDER

“Strengthen your hearts to be blameless in holiness before our God and Father at the coming of our Lord Jesus with all his holy ones.” (1 Thes 3:13)

PROPHECIES

1. Remain focus on your faith; in times of adversity, trust that I am always with you.
2. Increase your love for me and love for one another so that without shame you may stand erect and raise your heads up at the end of time.

DIRECTIONS

1. Prepare your hearts for the coming of the Lord by living in life of prayer and by sharing your blessings with others.
2. Repent and reconcile with God by confessing regularly, receiving Him in the Eucharist daily, visiting Him in the Blessed Sacrament often, and reflecting on His word daily and putting it into action.

THEMES AND PROMISES

Week#1 (1st Sunday of Advent)

[Love]

Theme: We are vigilant for the coming of Jesus when we abound in love for one another.

Promise: *“All the paths of the Lord are kindness and constancy toward those who keep his covenant and his decrees.”* (Ps 25:10)

Week#2 (2nd Sunday of Advent)

[Repentance]

Theme: We are vigilant for the coming of Jesus when we repent of our sins.

Promise: *“Every valley shall be filled and every mountain and hill shall be made low. The winding roads shall be made straight, and the rough ways made smooth, and all flesh shall see the salvation of God.”* (Lk 3:5-6)

Week #3 (3rd Sunday of Advent)

[Kindness]

Theme: We are vigilant for the coming of Jesus when we joyfully show kindness to all.

Promise: *“The peace of God that surpasses all understanding will guard your hearts and minds in Christ Jesus.”* (Phil 4:7)

Week #4 (4th Sunday of Advent)

[Obedience]

Theme: We are vigilant for the coming of Jesus when, like Mary, we do the will of the Father.

Promise: *“Blessed are you who believe that what was spoken to you by the Lord would be fulfilled.”* (Lk 1:45)

Week #5 (Feast of the Holy Family)

[Respect]

Theme: We are vigilant for the coming of Jesus when we honor the sanctity of the family.

Promise: *“When he prays, he is heard; he stores up riches who reveres his mother. Whoever honors his father is gladdened by children.”* (Sir 3:5)